



## CareTrust REIT Schedules Year End 2017 Earnings Call for Wednesday, February 28, 2018

February 20, 2018

SAN CLEMENTE, Calif., Feb. 20, 2018 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that it plans to release its fourth quarter and full-year 2017 financial results after the market closes on Tuesday, February 27, 2018. Representatives of CareTrust REIT's management team will host a conference call to discuss the results the following day.

### Conference Call

CareTrust REIT invites current and prospective investors to tune in to its call on Wednesday, February 28, 2018 at 1:00 p.m. Eastern Time (10:00 a.m. Pacific Time), during which management team will discuss the company's fourth quarter and full-year 2018 performance and other current matters. The dial-in number for this call is (855) 232-8954 (U.S.) or (408) 337-0151 (International). The conference ID number is 4389519.

To listen to the call online as a webcast, or to view any financial or other statistical information required by SEC Regulation G, please visit the Investors section of the CareTrust REIT website at <http://investor.caretrustreit.com/>. The call will be recorded, and will be available for replay via the website for 30 days following the call.

### About CareTrust REIT

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 186 net-leased healthcare properties and three operated seniors housing properties in 24 states, CareTrust REIT is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust REIT is available at [www.caretrustreit.com](http://www.caretrustreit.com).

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