



CareTrust REIT Schedules Second Quarter Earnings Call for Thursday, August 2, 2018

July 30, 2018

SAN CLEMENTE, Calif., July 30, 2018 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that it plans to release its second quarter 2018 financial results after the market closes on Wednesday, August 1, 2018. Representatives of CareTrust REIT's management team will host a conference call to discuss the results the following day.

Conference Call

CareTrust REIT invites current and prospective investors to tune in to its call on Thursday, August 2, 2018 at 1:00 p.m. Eastern Time (10:00 a.m. Pacific Time), during which CareTrust REIT's management team will discuss the company's second quarter 2018 performance and other current matters. The dial-in number for this call is (844) 220-4972 (U.S.) or (317) 973-4053 (International). The conference ID number is 7496046.

To listen to the call online as a webcast, or to view any financial or other statistical information required by SEC Regulation G, please visit the Investors section of the CareTrust REIT website at <http://investor.caretrustreit.com/>. The call will be recorded, and will be available for replay via the website for 30 days following the call.

About CareTrust REIT

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 189 net-leased healthcare properties and three operated seniors housing properties in 25 states, CareTrust REIT is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust REIT is available at www.caretrustreit.com.

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