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## CareTrust REIT, Inc. Announces Tax Treatment of 2014 Dividends

SAN CLEMENTE, Calif., Jan. 30, 2015 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (Nasdaq:CTRE) reported today the tax status of its 2014 dividends paid to shareholders. Details on the classifications of the dividends are included in the table below:

### DISTRIBUTIONS ON CARETRUST COMMON STOCK

Record Date	Payment Date	Distribution Per Share	Ordinary Dividend	Box 1a	Box 1b	Box 2a	Box 2b	Box 3
				(Included in Dividend)	Qualified Dividend	Capital Gain Distr.	Unrecap. Section 1250 Gain	Non-Dividend Distributions
10/31/2014	12/10/2014	\$ 5.883413	100.0000%	98.1297%		0.0000%	0.0000%	0.0000%
12/31/2014	1/15/2015	\$ 0.125000	100.0000%	0.0000%		0.0000%	0.0000%	0.0000%
<b>Total</b>		<b>\$ 6.008413</b>	<b>100.0000%</b>	<b>95.2891%</b>		<b>0.0000%</b>	<b>0.0000%</b>	<b>0.0000%</b>

Shareholders of record of the Company's common stock will receive an Internal Revenue Service Form 1099-DIV from Broadridge Corporate Issuer Solutions, the Company's 2014 dividend paying agent. The form will report the dividends paid and the amounts designated as total ordinary dividends, qualified dividends, total capital gains, unrecaptured section 1250 gains, and nontaxable dividends. If shares were held in "street name" during 2014, the IRS form will be provided by a bank, brokerage firm, or nominee. Because the Company's tax return has not yet been filed for the year ended December 31, 2014, the dividend income tax allocations presented herein have been calculated using the best available information to date.

The tax treatment of these dividends by state and local authorities varies and may not be the same as the IRS's treatment. Because federal and state tax laws affect individuals differently, the Company cannot advise shareholders on how dividends should be reported on their tax returns. The Company encourages shareholders to consult with their own tax advisors with respect to the federal, state and local income tax consequences of these dividends.

### About CareTrust™

CareTrust REIT, Inc. is a real estate investment company that is engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. CareTrust is organized and conducts its operations to qualify as a REIT for U.S. federal income tax purposes. With 99 net-leased healthcare properties and three operated seniors housing properties in twelve states, CareTrust is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust is available at [www.caretrustreit.com](http://www.caretrustreit.com).

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