



June 19, 2015

## **CareTrust REIT, Inc. Announces Quarterly Dividend of \$0.16 Per Share**

SAN CLEMENTE, Calif., June 19, 2015 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (Nasdaq:CTRE) today announced that its Board of Directors has declared a quarterly cash dividend of \$0.16 per share of CareTrust common stock, payable on or before July 31, 2015 to shareholders of record as of June 30, 2015.

CareTrust's Chief Financial Officer, Bill Wagner, noted that the \$0.16 quarterly dividend represents an annualized payout of approximately 59% of the midpoint of CareTrust's previously-announced guidance for 2015 funds available for distribution, or FAD, which is among the most conservative payout ratios in the peer group.

Greg Stapley, CareTrust's Chairman and Chief Executive Officer, added that the company has a very active acquisition pipeline, providing ample opportunity to use any undistributed FAD to create additional shareholder value. "We continue to believe that the amount of our dividend strikes an attractive balance between conserving capital for growth while providing shareholders with a suitable dividend yield," he said.

### ***About CareTrust™***

CareTrust REIT, Inc. is a publicly-traded real estate investment company that is engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. CareTrust is organized and conducts its operations so as to qualify as a REIT for U.S. federal income tax purposes. With 102 net-leased healthcare properties and three operated seniors housing properties in twelve states, CareTrust is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust is available at <http://www.caretrustreit.com> .

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