



August 5, 2015

CareTrust REIT Schedules Second Quarter 2015 Earnings Call for Monday, August 10, 2015

SAN CLEMENTE, Calif., Aug. 5, 2015 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (Nasdaq:CTRE) announced today that it expects to issue its second quarter 2015 financial results on Monday, August 10, 2015. Representatives of CareTrust's management team will host a call to discuss the results the same day.

Conference Call

CareTrust invites current and prospective investors to tune in to its webcast on Monday, August 10, 2015 at 9:00 a.m. Eastern Time, during which CareTrust's management will discuss the company's second quarter 2015 performance.

To listen to the webcast, or to view any financial or other statistical information required by SEC Regulation G, please visit the Investors section of the CareTrust website at <http://investor.caretrustreit.com/>. The webcast will be recorded, and will be available for replay via the website until 11:59 p.m. Eastern Time on Friday, August 21, 2015.

About CareTrust™

CareTrust REIT, Inc. is a real estate investment company that is engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. CareTrust is organized and conducts its operations to qualify as a REIT for U.S. federal income tax purposes. With 104 net-leased healthcare properties and three operated seniors housing properties in 14 states, CareTrust is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust is available at <http://www.CareTrustREIT.com>.

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