



September 17, 2015

## **CareTrust REIT, Inc. Announces Quarterly Dividend of \$0.16 per Share**

SAN CLEMENTE, Calif., Sept. 17, 2015 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) today announced that its Board of Directors has declared a quarterly cash dividend of \$0.16 per share of CareTrust common stock, payable on or before October 15, 2015 to shareholders of record as of September 30, 2015.

### ***About CareTrust<sup>TM</sup>***

CareTrust REIT, Inc. is a real estate investment company that is engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. CareTrust is organized and conducts its operations to qualify as a REIT for U.S. federal income tax purposes. With 105 net-leased healthcare properties and three operated seniors housing properties in fourteen states, CareTrust is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust is available at [www.caretrustreit.com](http://www.caretrustreit.com).

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