



September 9, 2015

CareTrust REIT Senior Management to Participate in the 10th Annual Wells Fargo Healthcare Conference

SAN CLEMENTE, Calif., Sept. 9, 2015 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) today announced that Gregory Stapley, Chairman and Chief Executive Officer, and David Sedgwick, Vice President of Operations, will participate in the 10th Annual Wells Fargo Healthcare Conference in Boston. The conference is scheduled for Wednesday, September 9 through Thursday, September 10, 2015.

Representatives of CareTrust's senior management team will also participate in next week's Real Estate Private Equity Forum on Senior Housing in Santa Monica on Thursday, September 17 through Friday, September 18, 2015.

About CareTrust™

CareTrust REIT, Inc. is a real estate investment company that is engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. CareTrust is organized and conducts its operations to qualify as a REIT for U.S. federal income tax purposes. With 105 net-leased healthcare properties and three operated seniors housing properties in fourteen states, CareTrust is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust is available at www.caretrustreit.com.

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