



November 12, 2015

CareTrust REIT, Inc. to Participate in the 2015 REITWorld Convention

SAN CLEMENTE, Calif., Nov. 12, 2015 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that Greg Stapley, the company's Chairman and Chief Executive Officer, Bill Wagner, the company's Chief Financial Officer, and Mark Lamb, the company's Director of Investments, will be participating in the 2015 REITWorld Convention on November 17-19, 2015 at the Wynn Las Vegas in Las Vegas, Nevada.

The company's presentation will be available on the company's website at www.CareTrustREIT.com in the "Events & Presentations" tab of the "Investors" section for a limited period following the event.

About CareTrustTM

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust that is engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 119 net-leased healthcare properties and three operated seniors housing properties in fifteen states, CareTrust is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust is available at www.caretrustreit.com.

Contact Information

CareTrust REIT, Inc. (949) 542-3132, ir@caretrustreit.com