



February 5, 2016

## **CareTrust REIT Schedules Year-End 2015 Earnings Call for Friday, February 12, 2016**

SAN CLEMENTE, Calif., Feb. 05, 2016 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that it expects to issue its fourth quarter and fiscal year 2015 financial results on Thursday, February 11, 2016. Representatives of CareTrust's management team will host a call to discuss the results on the following day.

### **Conference Call**

CareTrust invites current and prospective investors to tune in to its webcast on Friday, February 12, 2016 at 8:00 a.m. Pacific Time (11:00 a.m. Eastern Time), during which CareTrust's management will discuss the company's fourth quarter and fiscal year 2015 performance.

To listen to the webcast, or to view any financial or other statistical information required by SEC Regulation G, please visit the Investors section of the CareTrust website at <http://investor.caretrustreit.com/>. The webcast will be recorded, and will be available for replay via the website for one year following the call.

### ***About CareTrust<sup>TM</sup>***

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust that is engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 129 net-leased healthcare properties and three operated seniors housing properties in fifteen states, CareTrust is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust is available at [www.caretrustreit.com](http://www.caretrustreit.com).

### Contact Information

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