



September 20, 2016

## **CareTrust REIT, Inc. Announces Quarterly Dividend of \$0.17 per Share**

SAN CLEMENTE, Calif., Sept. 20, 2016 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) today announced that its Board of Directors has declared a quarterly common stock cash dividend of \$0.17 per share, payable on October 14, 2016 to common stockholders of record as of the close of business on September 30, 2016.

### **About CareTrust™**

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 149 net-leased healthcare properties and three operated seniors housing properties in 20 states, CareTrust is pursuing opportunities nationwide to acquire properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust is available at [www.caretrustreit.com](http://www.caretrustreit.com).

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