



February 2, 2017

CareTrust REIT Schedules Fourth Quarter and Year-End 2016 Earnings Call for Wednesday, February 8, 2017

SAN CLEMENTE, Calif., Feb. 02, 2017 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that it plans to release its fourth quarter and year-end 2016 financial results after the market closes on Tuesday, February 7, 2017. Representatives of CareTrust REIT's management team will host a conference call to discuss the results the following day.

Conference Call

CareTrust REIT invites current and prospective investors to tune in to its call on Wednesday, February 8, 2017 at 1:00 p.m. Eastern Time (10:00 a.m. Pacific Time), during which CareTrust REIT's management team will discuss the company's fourth quarter and year-end 2016 performance and other current matters. The dial-in number for this call is (844) 220-4972 (U.S.) or (317) 973-4053 (International). The conference ID number is 65149740.

To listen to the call online, or to view any financial or other statistical information required by SEC Regulation G, please visit the Investors section of the CareTrust REIT website at <http://investor.caretrustreit.com/>. The call will be recorded, and will be available for replay via the website for 30 days following the call.

About CareTrust REIT™

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 153 net-leased healthcare properties and three operated seniors housing properties in 20 states, CareTrust REIT is pursuing opportunities across the nation to acquire properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust is available at www.caretrustreit.com.

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