



CareTrust REIT Schedules Second Quarter 2017 Earnings Call for Thursday, August 3, 2017

July 27, 2017

SAN CLEMENTE, Calif., July 27, 2017 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that it plans to release its second quarter 2017 financial results after the market closes on Wednesday, August 2, 2017. Representatives of CareTrust REIT's management team will host a conference call to discuss the results the following day.

Conference Call

CareTrust REIT invites current and prospective investors to tune in to its call on Thursday, August 3, 2017 at 12:00 p.m. Eastern Time (9:00 a.m. Pacific Time), during which CareTrust REIT's management team will discuss the company's second quarter 2017 performance and other current matters. The dial-in number for this call is (844) 220-4972 (U.S.) or (317) 973-4053 (International). The conference ID number is 61282740.

To listen to the call online as a webcast, or to view any financial or other statistical information required by SEC Regulation G, please visit the Investors section of the CareTrust REIT website at <http://investor.caretrustreit.com/>. The call will be recorded, and will be available for replay via the website for 30 days following the call.

About CareTrust REIT™

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 164 net-leased healthcare properties and three operated seniors housing properties in 23 states, CareTrust REIT is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust REIT is available at www.caretrustreit.com.

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