



NEWS RELEASE

CareTrust Announces Promotions and Key Hires

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DANA POINT, Calif.--(BUSINESS WIRE)-- CareTrust REIT, Inc. (NYSE:CTRE) (“CareTrust” or the “Company”) today announced the promotions and new hires of key personnel, further bolstering the Company’s capacity to diversify, improve, and grow for years to come.

Chief Executive Officer, Dave Sedgwick, said, “Over the last two years alone, we have grown in market cap from approximately \$2 billion to over \$8 billion, acquired 260 properties, expanded into the UK, set up SHOP, and delivered in a major way for our operators and shareholders. The entire CareTrust team has risen to the occasion and remains anxious to grow and demonstrate our capabilities.” Mr. Sedgwick continued, “We are thrilled to announce the promotions of the following key colleagues who embody the CareTrust way. They have an ownership mentality, a hunger to improve, and are great team players.”

Key Promotions Recognize Internal Talent

CareTrust is pleased to announce the following promotions:

- Derek Bunker to Chief Financial Officer
- Joe Layne to Senior Vice President, Corporate Counsel
- Rory Williams to Senior Vice President, Portfolio Management
- Brandon Keller to Vice President, Asset Management
- Josh Hillman to Vice President, Investments
- Shane Archer to Asset Manager, Asset Management
- Nick Winthrop to Senior Associate, Investments
- Michael Pellegrino to Senior Analyst, Asset Management
- Tara Mohammadi to Accounting Supervisor, Accounting

New Hires Strengthen & Expand Capabilities

CareTrust also welcomes several new professionals to its team:

- Kyle Bennion as Senior Vice President Investments, Transactions Counsel
- Dan Chin as Vice President of Data & Analytics
- Emily Meckler as Finance Director
- Landon Hallmark as Machine Learning Engineer, Data & Analytics

About CareTrust REIT

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition, development and leasing of skilled nursing, senior housing and other healthcare-related properties. With a portfolio of long-term net-leased properties spanning the United States and United Kingdom, and a growing portfolio of quality operators leasing them, CareTrust is pursuing both external and organic growth opportunities across the United States and internationally. More information about CareTrust REIT is available at www.caretrustreit.com.

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