



NEWS RELEASE

CareTrust Publishes Fifth Annual Corporate Sustainability Report

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SAN CLEMENTE, Calif.--(BUSINESS WIRE)-- CareTrust REIT, Inc. (NYSE: CTRE) today announced the release of its fifth Annual Corporate Sustainability Report, detailing significant progress in its Environmental, Social, and Governance (ESG) initiatives. The report underscores CareTrust's unique model of promoting sustainability among its triple-net master lease tenants through strategic engagement, financial incentives, and robust reporting.

"This report is a testament to our unwavering commitment to accountability and transparency," said Dave Sedgwick, President and CEO of CareTrust REIT.

Key Highlights from the 2024 Report Include:

- **Climate & Resilience:** CareTrust enhanced its centralized climate risk planning and provided tenants with property-specific risk reports and resiliency resources, supporting alignment with evolving climate disclosure requirements.
- **Green Leasing & Performance:** The company expanded ESG requirements in its leases and consistently tracked tenant utility data, providing resources and intensity metrics to help tenants reduce consumption at resource-intensive properties.
- **Stakeholder Engagement:** CareTrust hosted its fourth Operator Conference, bringing together 63% of its tenant-operators for three days of collaboration. The company also continued to monitor and engage tenants on local building performance and energy benchmarking regulations.
- **Employee Well-being:** Highlighting its commitment to its team, CareTrust achieved 100% employee retention, hosted a company retreat, and earned an average score of 91 on the Strata Intel Employee Wellness Assessment, reflecting strong mental and emotional health.



- **Cybersecurity:** The company maintained ongoing collaboration with a leading cybersecurity firm to ensure data integrity and safeguard sensitive information.
- **ESG Ratings:** CareTrust preserved its ISS ESG Prime status and aligned its report with leading industry standards, reinforcing its strong corporate governance and performance.

"In 2024, we remained committed to our proven ESG strategies while launching new initiatives that strengthened climate resilience, enhanced engagement with both operators and employees, and reinforced responsible business practices—delivering long-term value for all stakeholders," Sedgwick concluded.

This report includes our alignment with globally recognized sustainability frameworks such as the Task Force on Climate-related Financial Disclosures (TCFD) and the Global Reporting Initiative (GRI). The report and additional policies, disclosures and information about the Company's ESG initiatives are organized in the investors section at caretrustreit.com.

About CareTrust REIT™

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition, development and leasing of skilled nursing, seniors housing and other healthcare-related properties. With a portfolio of long-term net-leased properties spanning the United States and United Kingdom, and a growing portfolio of quality operators leasing them, CareTrust REIT is pursuing both external and organic growth opportunities across the United States and internationally. More information about CareTrust REIT is available at www.caretrustreit.com.

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