



NEWS RELEASE

CareTrust REIT Sets Fourth Quarter Earnings Call for Friday, February 13, 2026

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DANA POINT, Calif.--(BUSINESS WIRE)-- CareTrust REIT, Inc. (NYSE:CTRE) ("CareTrust") announced today that it plans to release its fourth quarter and full year 2025 financial results after the U.S. markets close on Thursday, February 12, 2026. Representatives of CareTrust's management team will host a conference call to discuss the results and other current matters the following day.

Conference Call

CareTrust invites current and prospective investors to listen to the call on Friday, February 13, 2026, at 1:00 p.m. Eastern Time (10:00 a.m. Pacific Time). The live audio webcast of the earnings conference call will be available on the Investors section of CareTrust's website at investor.caretrustreit.com/events-and-presentations. A replay of the webcast will be available on the same website shortly after its completion.

About CareTrust™

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition, development and leasing of skilled nursing, seniors housing and other healthcare-related properties. With a portfolio of long-term net-leased properties spanning the United States and United Kingdom, and a growing portfolio of quality operators leasing them, CareTrust is pursuing both external and organic growth opportunities across the US and internationally. More information about CareTrust REIT is available at www.caretrustreit.com.

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