



NEWS RELEASE

CareTrust REIT to Participate in Nareit's REITweek 2025 Investor Conference

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SAN CLEMENTE, Calif.--(BUSINESS WIRE)-- CareTrust REIT, Inc. (NYSE:CTRE) ("CareTrust") announced today that management will participate in Nareit's REITweek 2025 Investor Conference June 2-5, 2025, in New York, New York.

Presentation materials will be accessible under the "Events and Presentations" tab on the Investors page of CareTrust's website at <https://investor.caretrustreit.com/events-and-presentations/>.

About CareTrust™

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition, development and leasing of skilled nursing, seniors housing and other healthcare-related properties. With a portfolio of long-term net-leased properties spanning the United States and United Kingdom, and a growing portfolio of quality operators leasing them, CareTrust is pursuing both external and organic growth opportunities across the US and internationally. More information about CareTrust REIT is available at www.caretrustreit.com.

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