



NEWS RELEASE

CareTrust REIT to Participate in the Bank of America 2025 Global Real Estate Conference

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SAN CLEMENTE, Calif.--(BUSINESS WIRE)-- CareTrust REIT, Inc. (NYSE:CTRE) ("CareTrust" or the "Company") announced today that Dave Sedgwick, President and Chief Executive Officer, Bill Wagner, Chief Financial Officer, and Derek Bunker, SVP of Strategy and Investor Relations, will participate in a roundtable discussion at the Bank of America 2025 Global Real Estate Conference on Tuesday, September 9, 2025, at 3:00 p.m. Eastern Time.

A live audio-only webcast of the roundtable will be available via the Investor Relations section of the Company's website at <https://investor.caretrustreit.com/events-and-presentations>. A replay will also be available for one year on the Investor Relations section of the Company's website after the conclusion of the live event.

About CareTrust™

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition, development and leasing of skilled nursing, seniors housing and other healthcare-related properties. With a nationwide portfolio of long-term net-leased properties, and a growing portfolio of quality operators leasing them, CareTrust is pursuing both external and organic growth opportunities across the United States and internationally. More information about CareTrust is available at www.caretrustreit.com.

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