



## CareTrust REIT Issues New Investor Presentation for NAREIT'S REITweek 2021 Conference

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SAN CLEMENTE, Calif., June 08, 2021 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that it has released a new investor presentation and business update in conjunction with NAREIT's REITweek 2021 Investor Conference. David Sedgwick, CareTrust's President and Chief Operating Officer, will be making a presentation using the new slide deck to all interested NAREIT attendees at 4:30 pm Eastern time.

The new presentation can be accessed under the "Events and Presentations" tab on the Investors page of CareTrust's website, at <https://investor.caretrustreit.com/events>.

### About CareTrust REIT

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition, development and leasing of skilled nursing, seniors housing and other healthcare-related properties. With a nationwide portfolio of long-term net leased properties, and a growing portfolio of quality operators leasing them, CareTrust REIT is pursuing both external and organic growth opportunities across the United States. More information about CareTrust REIT is available at [www.caretrustreit.com](http://www.caretrustreit.com).

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