



## CareTrust REIT Schedules First Quarter Earnings Call for Wednesday, May 9, 2018

May 3, 2018

SAN CLEMENTE, Calif., May 03, 2018 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that it plans to release its first quarter 2018 financial results after the market closes on Tuesday, May 8, 2018. Representatives of CareTrust REIT's management team will host a conference call to discuss the results the following day.

### Conference Call

CareTrust REIT invites current and prospective investors to tune in to its call on Wednesday, May 9, 2018 at 1:00 p.m. Eastern Time (10:00 a.m. Pacific Time), during which CareTrust REIT's management team will discuss the company's first quarter 2018 performance and other current matters. The dial-in number for this call is (844) 220-4972 (U.S.) or (317) 973-4053 (International). The conference ID number is 8786663.

To listen to the call online as a webcast, or to view any financial or other statistical information required by SEC Regulation G, please visit the Investors section of the CareTrust REIT website at <http://investor.caretrustreit.com/>. The call will be recorded, and will be available for replay via the website for 30 days following the call.

### About CareTrust REIT

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 188 net-leased healthcare properties and three operated seniors housing properties in 24 states, CareTrust REIT is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust REIT is available at [www.caretrustreit.com](http://www.caretrustreit.com).

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