



## CareTrust REIT Announces Quarterly Dividend of \$0.205 per Share

December 17, 2018

SAN CLEMENTE, Calif., Dec. 17, 2018 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that its Board of Directors has declared a quarterly common stock cash dividend of \$0.205 per common share. The current quarterly dividend is payable to common stockholders of record as of the close of business on December 31, 2018. The Company intends to pay the dividend on or about January 15, 2019.

### About CareTrust REIT, Inc.

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 193 net-leased healthcare properties and three operated seniors housing properties in 27 states, CareTrust REIT is acquiring properties nationwide and leasing them to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust REIT is available at [www.caretrustreit.com](http://www.caretrustreit.com).

### Contact:

CareTrust REIT, Inc.

(949) 542-3130

[ir@caretrustreit.com](mailto:ir@caretrustreit.com)



Source: CareTrust REIT, Inc.