



CareTrust REIT, Inc. Announces Tax Treatment of 2018 Dividends

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SAN CLEMENTE, Calif., Jan. 24, 2019 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) reported today the tax status of its 2018 dividends paid to shareholders. Details on the classifications of the dividends are included in the table below:

DISTRIBUTIONS ON CARETRUST COMMON STOCK

Record Date	Payment Date	Distribution Per Share	Box 1a		Box 1b		Box 2a		Box 2b		Box 3		Box 5	
			Ordinary Dividend	%	Qualified Dividend (Included in Box 1a)	%	Capital Gain Distr.	%	Unrecap. Section 1250 Gain (Included in Box 2a)	%	Non-Dividend Distributions	%	Section 199A Dividend	%
03/30/18	04/13/18	\$ 0.2050	97.8628	% 0.0000	% 0.0000	% 0.0000	% 0.0000	% 2.1372	%	2.1372	%	97.8628	%	
06/29/18	07/13/18	\$ 0.2050	97.8628	% 0.0000	% 0.0000	% 0.0000	% 0.0000	% 2.1372	%	2.1372	%	97.8628	%	
09/28/18	10/15/18	\$ 0.2050	97.8628	% 0.0000	% 0.0000	% 0.0000	% 0.0000	% 2.1372	%	2.1372	%	97.8628	%	
12/31/18	01/15/19	\$ 0.2050	97.8628	% 0.0000	% 0.0000	% 0.0000	% 0.0000	% 2.1372	%	2.1372	%	97.8628	%	
Total		\$ 0.8200	97.8628	% 0.0000	% 0.0000	% 0.0000	% 0.0000	% 2.1372	%	2.1372	%	97.8628	%	

Shareholders of record of the Company's common stock will receive an Internal Revenue Service Form 1099-DIV from Broadridge Corporate Issuer Solutions, the Company's 2018 dividend paying agent. The form will report the dividends paid and the amounts designated as total ordinary dividends, qualified dividends, total capital gains, unrecaptured section 1250 gains, non-dividend distributions and dividends that may be eligible for the 20% qualified business income deduction under section 199A. If shares were held in "street name" during 2018, the IRS form will be provided by a bank, brokerage firm, or nominee. Because the Company's tax return has not yet been filed for the year ended December 31, 2018, the dividend income tax allocations presented herein have been calculated using the best available information to date.

The tax treatment of these dividends by state and local authorities varies and may not be the same as the IRS's treatment. Because federal and state tax laws affect individuals differently, the Company cannot advise shareholders on how dividends should be reported on their tax returns. The Company encourages shareholders to consult with their own tax advisors with respect to the federal, state and local income tax consequences of these dividends.

About CareTrustTM

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 194 net-leased healthcare properties and three operated seniors housing properties in 27 states, CareTrust REIT is acquiring properties nationwide and leasing them to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust REIT is available at www.caretrustreit.com.

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Source: CareTrust REIT, Inc.