



CareTrust REIT Schedules Year-End Earnings Call for Thursday, February 14, 2019

February 7, 2019

SAN CLEMENTE, Calif., Feb. 07, 2019 (GLOBE NEWSWIRE) -- CareTrust REIT, Inc. (NASDAQ:CTRE) announced today that it plans to release its fourth quarter and year-end 2018 financial results after the market closes on Wednesday, February 13, 2019. Representatives of CareTrust REIT's management team will host a conference call to discuss the results the following day.

Conference Call

CareTrust REIT invites current and prospective investors to tune in to its call on Thursday, February 14, 2019 at 1:00 p.m. Eastern Time (10:00 a.m. Pacific Time), during which CareTrust REIT's management team will discuss the company's fourth quarter and full year 2018 performance and other current matters. The toll-free dial-in number for this call is (855) 232-8954 (US/Canada) and (844) 220-4972 (International). The conference ID number is 1598754.

To listen to the call online as a webcast, or to view any financial or other statistical information required by SEC Regulation G, please visit the Investors section of the CareTrust REIT website at <http://investor.caretrustreit.com/>. The call will be recorded, and will be available for replay via the website for 30 days following the call.

About CareTrust REIT

CareTrust REIT, Inc. is a self-administered, publicly-traded real estate investment trust engaged in the ownership, acquisition and leasing of seniors housing and healthcare-related properties. With 195 net-leased healthcare properties and three operated seniors housing properties in 27 states, CareTrust REIT is pursuing opportunities nationwide to acquire additional properties that will be leased to a diverse group of local, regional and national seniors housing operators, healthcare services providers, and other healthcare-related businesses. More information about CareTrust REIT is available at www.caretrustreit.com.

Contact:

CareTrust REIT, Inc.

(949) 542-3130

ir@caretrustreit.com

 [CareTrust_REIT_logo](#)

Source: CareTrust REIT, Inc.